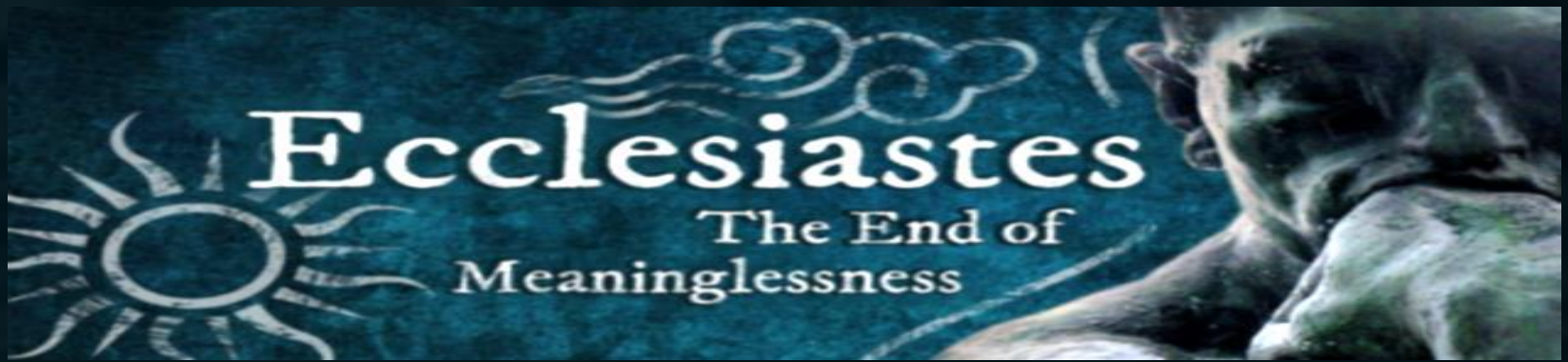
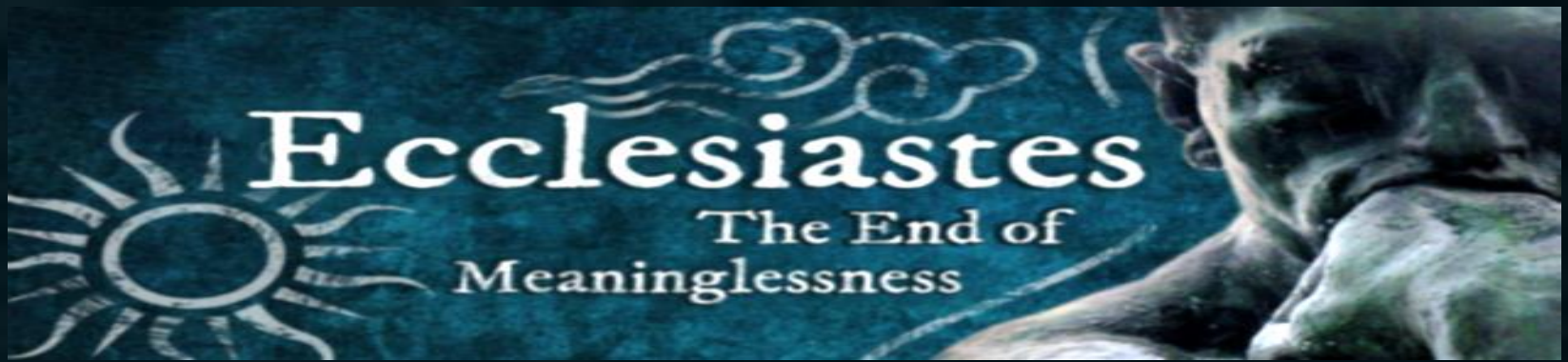


Contentment:

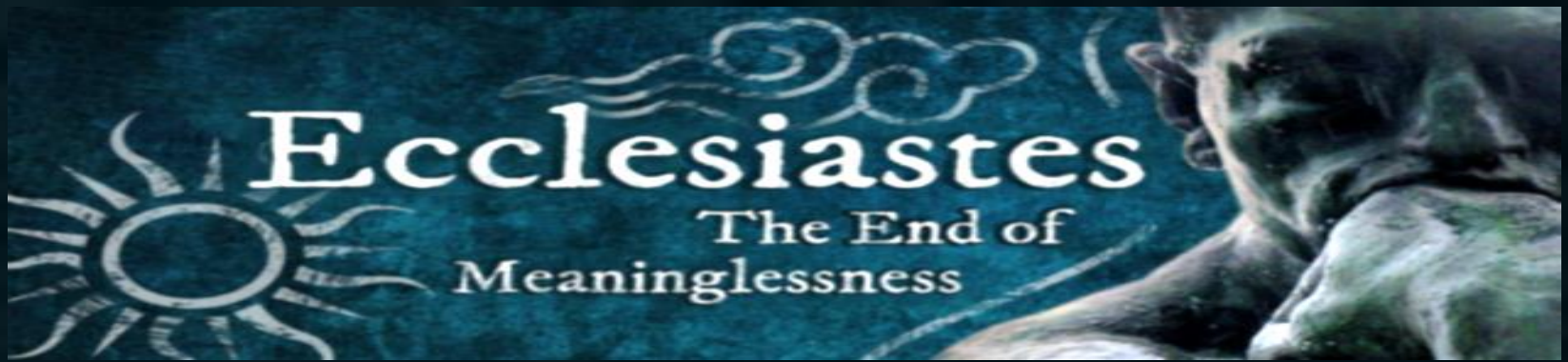


Contentment: feeling or showing satisfaction with one's possessions, status, or situation Miriam-Webster



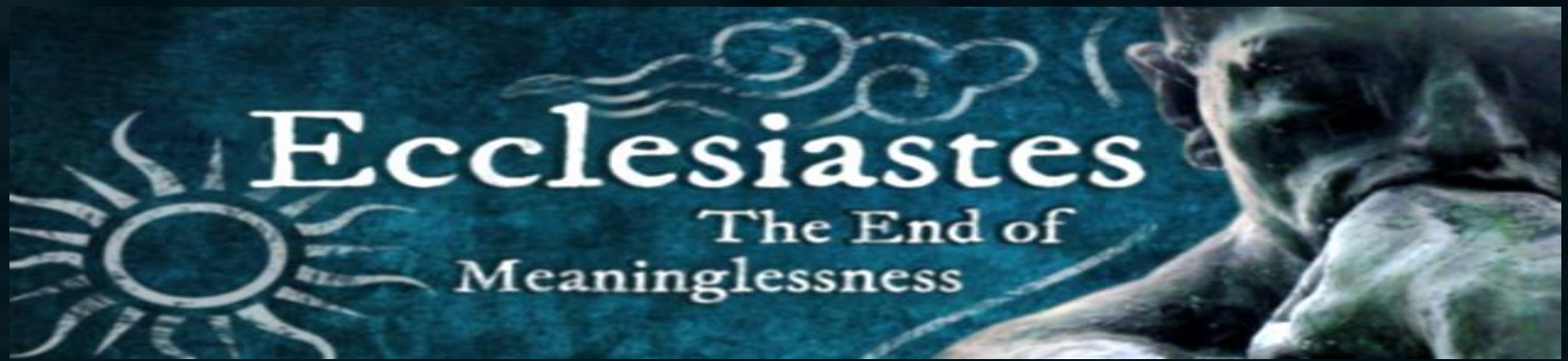
Ecclesiastes 1:12-14

I, the Teacher, was king over Israel in Jerusalem. ¹³ I applied my mind to study and to explore by wisdom all that is done under the heavens.



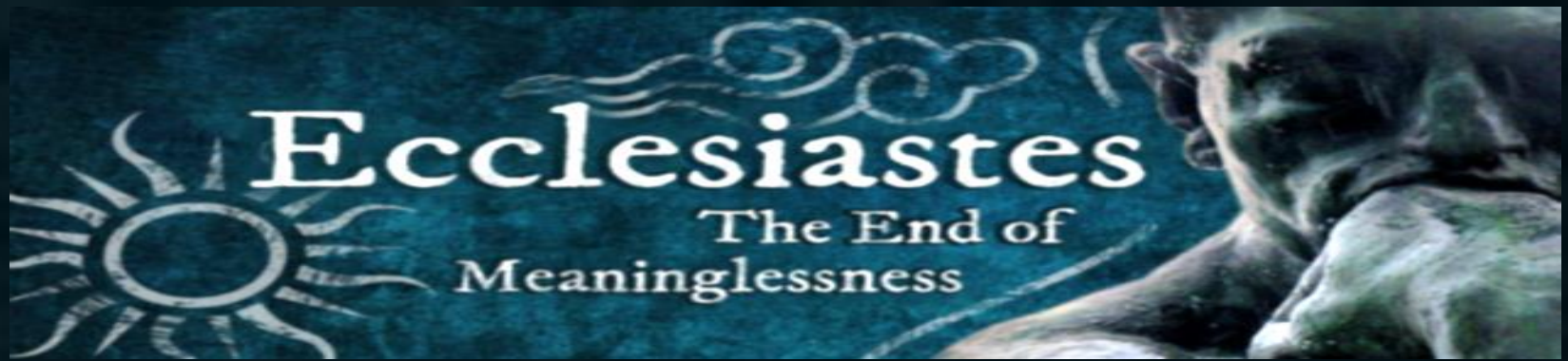
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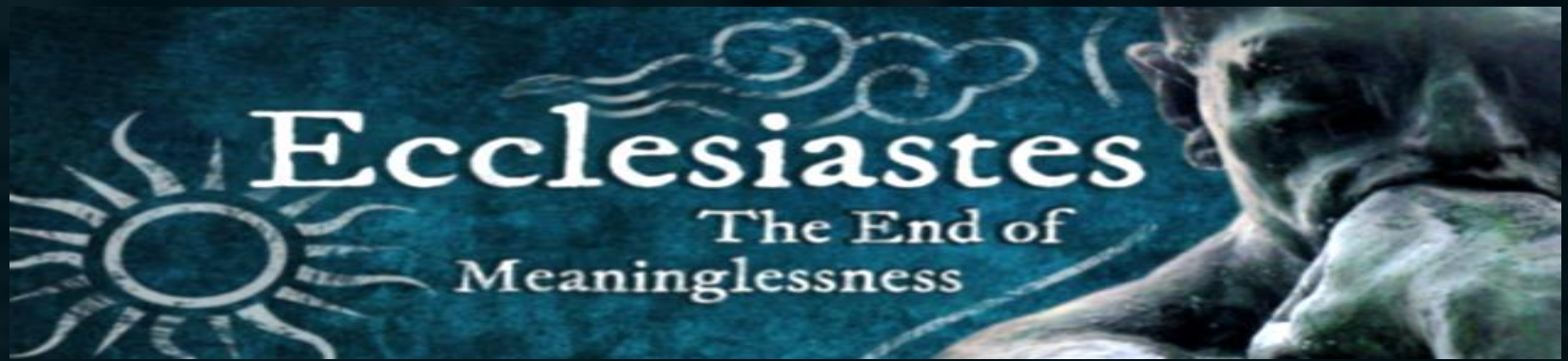
Ecclesiastes 1:12-14

I, the Teacher, was king over Israel in Jerusalem. ¹³ I applied my mind to study and to explore by wisdom all that is done under the heavens. What a heavy burden God has laid on mankind! ¹⁴ I have seen all the things that are done under the sun; all of them are meaningless, a chasing after the wind.

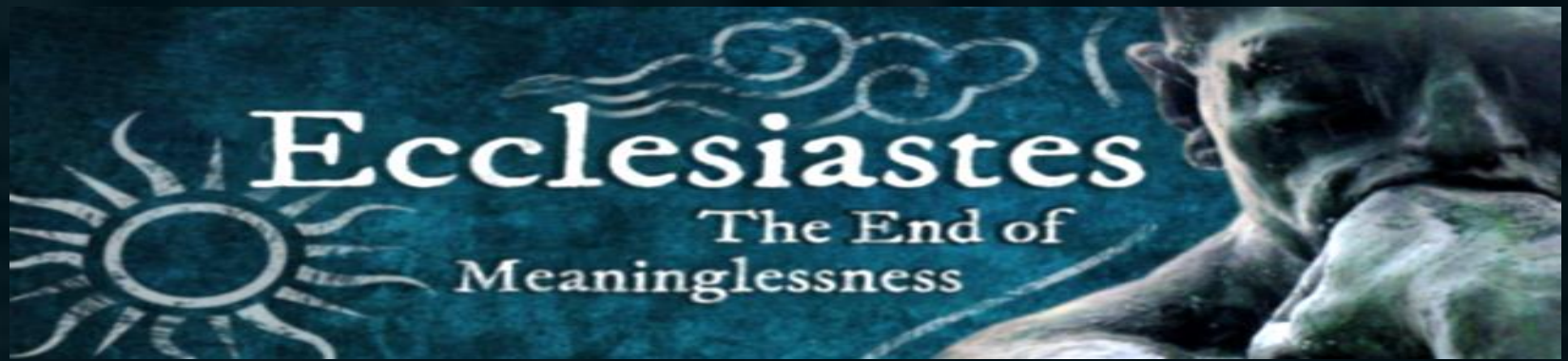


Ecclesiastes 1:18

For with much wisdom comes much sorrow;
the more knowledge, the more grief.

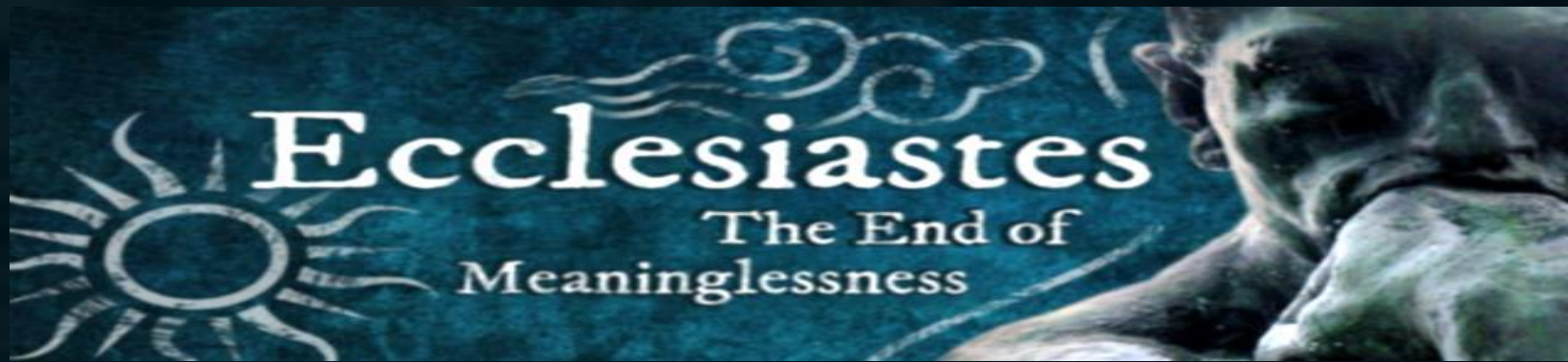


Enjoyment of what you have when you have it is the only
responsible solution



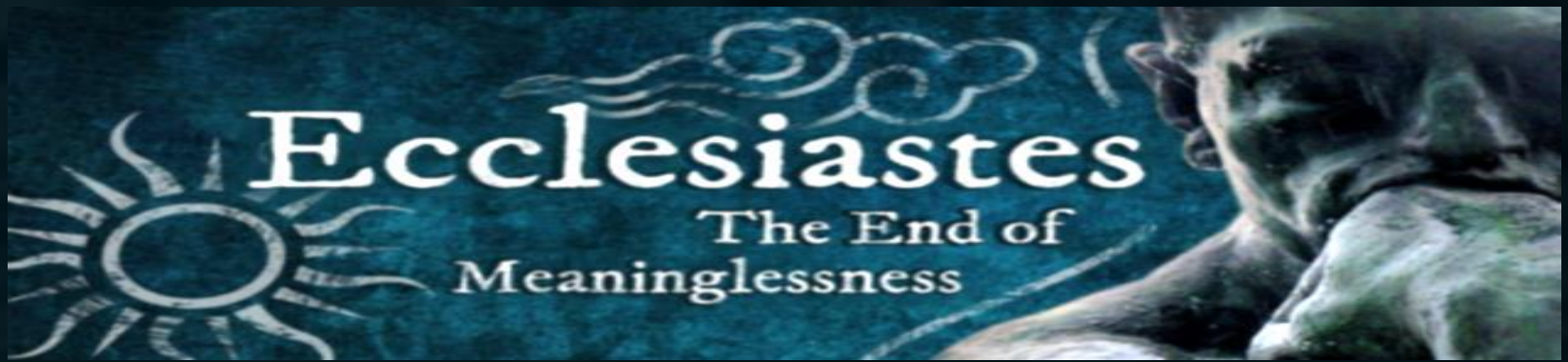
Ecclesiastes 2:26

To the person who pleases him, God gives wisdom, knowledge and happiness, but to the sinner he gives the task of gathering and storing up wealth to hand it over to the one who pleases God. This too is meaningless, a chasing after the wind.



Matthew 6:25-34

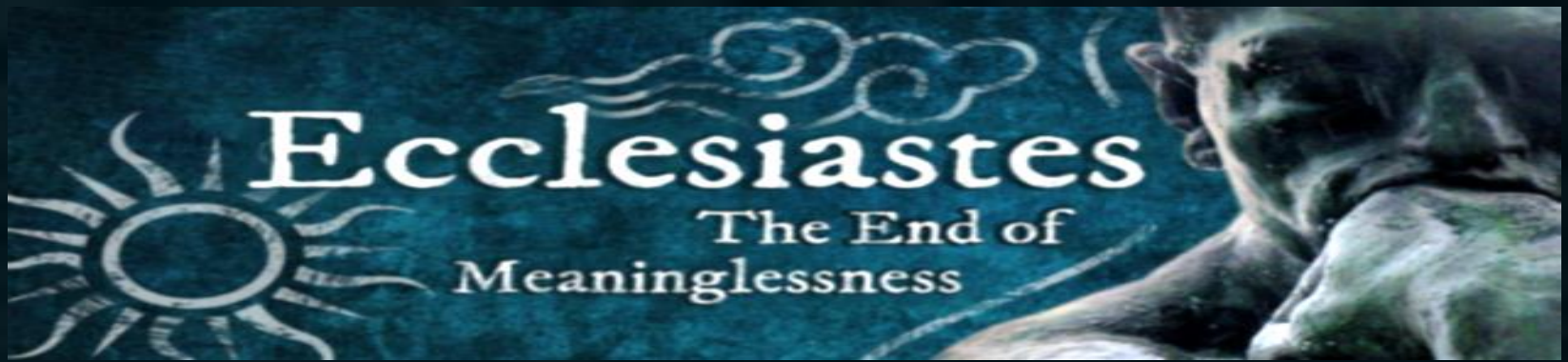
“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷ Can any one of you by worrying add a single hour to your life?



Matthew 6:25-34

²⁸ “And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. ²⁹ Yet I tell you that not even Solomon in all his splendor was dressed like one of these.

³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith?



Matthew 6:25-34

³¹ So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.