Exodus 15:13 NIV

In your unfailing love you will lead the people you have redeemed.In your strength you will guide them to your holy dwelling.

Israel quickly becomes frustrated with their holiness when they can't see how a basic need will be satisfied.

Exodus 15:26

"If you listen carefully to the Lord your God and do what is right in his eyes, if you pay attention to his commands and keep all his decrees, I will not bring on you any of the diseases I brought on the Egyptians, for I am the Lord, who heals you."

Exodus 16:3

"If only we had died by the Lord's hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to death." "When the supply fails, our faith is soon gone."

Martin Luther

Romans 8 NIV

⁴ We don't live according to the flesh but the Spirit

⁵ Those who live according to the flesh have their minds set on what the flesh desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. ⁶ The mind governed by the flesh is death, but the mind governed by the Spirit is life and peace. ⁷ The mind governed by the flesh is hostile to God; it does not submit to God's law, nor can it do so.
⁸ Those who are in the realm of the flesh cannot please God.

¹³ For if you live according to the flesh, you will die; but if by the Spirit you put to death the misdeeds of the body, you will live.

¹⁴ For those who are led by the Spirit of God are the children of God.

Exodus 16:10-12

While Aaron was speaking to the whole Israelite community, they looked toward the desert, and there was the glory of the Lord appearing in the cloud.

¹¹ The Lord said to Moses, ¹² "I have heard the grumbling of the Israelites. Tell them, 'At twilight you will eat meat, and in the morning you will be filled with bread. Then you will know that I am the Lord your God.""

Exodus 16:20-21

Then Moses said to them, "No one is to keep any of it until morning."

²⁰ However, some of them paid no attention to Moses; they kept part of it until morning, but it was full of maggots and began to smell. So Moses was angry with them.

John 4:9-10

The Samaritan woman said to him, "You are a Jew and I am a Samaritan woman. How can you ask me for a drink?" (For Jews do not associate with Samaritans.)

¹⁰ Jesus answered her, "If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water."

John 4:13-14

¹³ Jesus answered, "Everyone who drinks this water will be thirsty again, ¹⁴ but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life."

John 4:25-26

²⁵ The woman said, "I know that Messiah" (called Christ) "is coming. When he comes, he will explain everything to us."

²⁶ Then Jesus declared, "I, the one speaking to you—I am he."

1 Timothy 3:16

The mystery from which true godliness springs is great:

He appeared in the flesh, was vindicated by the Spirit, was seen by angels, was preached among the nations, was believed on in the world, was taken up in glory.

Matthew 10:33-34

³⁸ Whoever does not take up their cross and follow me is not worthy of me.
 ³⁹ Whoever finds their life will lose it, and whoever loses their life for my sake will find it.