

Overcoming The Nemesis - Philippians 4:4-9

We are our biggest obstacle: In free will we often choose self over others
Paul understands the tendency toward the negative –

Don Henely “**Dirty Laundry**” *We Love to cut you down to size*

People were twisting Paul’s life toward the negative – I will Rejoice

The glory of the gospel is greater than the sufferings from it.

In prison, blamed for others loss of income, flogged Acts 16

Lydia, the jailer and their household all restored by the gospel

This community would have lingering impact from the community

Challenges from within the community: Euodia and Syntyche

Grumbling and Complaining

Paul’s admonition: Celebrate joyously with gentleness has results

1) Prayer which overcomes anxiety – Peace comes with trust

Peace with God flows through Jesus Rom 5:1 his blood Col 1:20

2) A pattern of thought which celebrates God’s goodness in creation

3) A style of life which embodies the gospel

“How are you going to celebrate the goodness of the creator if you feed
your mind only on the places in the world which humans have made
ugly?

Fill your minds instead with all the things that God has given us to be
legitimately pleased with, and to enjoy and celebrate.”

Whatever is:

True/Undeniable: Though we are not perfect we have goodness

Noble/Honorable: Look for honorable attributes in self and other

Right/Fair: Treat others as you would want to be treated

Pure: Things are set apart as holy

Lovely/Pleasing: Personal strengths and abilities

Admirable: Seeking good for others

Excellent/Uncommon in Character/ Virtuous: Good will of others

Praiseworthy: Humans are made in God’s image, God restores