

Worthy Living

Humility

Gentleness

Patience

Loving

Truthful

Encouraging Words

Futile Living

Covenant Unity of God's Community

Bound to each other

into one body

by one spirit

with one hope

in the one Lord

and through one faith

brought into this unity through one baptism

Allow Yourself To Be Built Up

It Is For Your Equipping For Service

It Is For Unity Of Faith And Knowledge

It Is For Your Maturity

It Is For Your Stability

Worthy Living

Humility
Gentleness
Patience
Loving
Truthful
Encouraging Words

Futile Living

Sensuality
Impurity
Greed
Deceitful Desires
Theft
Unwholesome Talk
Bitterness
Rage
Anger
Brawling
Slander
Malice

Downward Spiral

Darkened Understanding
Separated from life in Christ

Due to Ignorance

Due to Hardening of Heart

Due to Lost Sensativity

Due to a Continual Lust for More

Upward Trajectory

Put on the New Self

Be Kind

Be Compassionate

Be Forgiving

Because Christ Forgave You